

AcneZon therapy

Microneedling Therapy with Goldpen and AcneZon Therapy

The perfect combination to improve skin damaged by acne
and eliminate it.



INDICATIONS FOR USE

Acnezon Therapy is recommended to treat and prevent acne on the face or the body and to improve the appearance of acneic skin, reducing the size of pores and minimizing scars or acne marks.

Its formula was developed to tackle the four factors that trigger acne:

- Seborrhea
- Hyperkeratinisation
- Microbial colonisation
- Inflammation

Acnezon Therapy is suitable for all forms of acne, including inflammatory and non-inflammatory types.

It reduces and regulates blackheads, oil and sebum excess, removes dead skin cells and bacteria, and provides an enhanced anti-inflammatory effect along with a keratolytic action that helps to normalize skin problems and restore skin tone and appearance. It also stimulates the creation of new fibroblasts and repairs blemishes and scarring, producing new collagen and increasing elastin production.

PROTOCOL

At home

One week before starting treatment at the clinic, begin to apply Acnezon Cream twice daily to prevent and encourage the disappearance of spots and pustules.

Patients should continue to use Acnezon Cream throughout the entire treatment to prevent the appearance of new pustules. After finishing the treatment, patients should continue to use Acnezon Cream as a preventative measure for as long as necessary.

At the clinic

First Session

- Step 1 Carefully clean and dry the skin (for the deepest effect, you can apply the gel on slightly wet skin).
- Step 2 The patient should remain immobile, facedown without speaking or moving to avoid the peeling gel from accumulating in undesired areas.
- Step 3 Apply **Step 1 Peeling System** as indicated. With a spatula, apply a thin layer of product evenly on the area to be treated. Be careful to distribute the product evenly on the surface of the skin. In the event of discomfort, fan the area. If discomfort persists, rinse with soap and water.
- Step 4 After 15 minutes, apply a second layer to those areas where there are more pustules, or those areas in need of a greater effect.
- Step 5 Leave the gel on for a total of 45 – 60 minutes. Remove the remaining gel and wash the area with soapy water.
- Step 6 As the skin may appear irritated, apply a thin layer of COMFORT CREAM or a Hydra Gel Mask.

After the steps described above, the patient can go home. It is not advisable to use make-up, visit the sauna or swimming pool, etc. for at least 24 hours.

In 2-3 days' time, the skin will begin to peel off. This process may last for several days depending on the patient's type of skin.

Once the skin has peeled off, wait for a few days before continuing the treatment to allow the skin to recover and become stronger. You can schedule the next session within 7 days after the peeling was applied.

Remember, in the meantime, the patient should continue to use Acnezon Cream at home.

Second and Subsequent sessions

- Step 1 Carefully clean and dry the skin.

- Step 2 Apply a disinfectant solution on the area to be treated.
- Step 3 The patient should lie down to facilitate comfort throughout the treatment.
- Step 4 Open one ampoule of Acnezon and load its contents into a syringe using a discharge needle (e.g. 18G)
- Step 5 Insert a new cartridge needle in your Goldpen and remove the cap.
- Step 6 Adjust the needle for desired depth (forehead: 0.5mm, cheek: 1 to 1.5mm, eye contours: less than 0.5mm, around lips: 1mm, body skin: 1.5-2.00mm)
- Step 7 Apply a few drops of Acnezon solution on the area to be treated. Do not apply the product on the entire surface at once to prevent spillage while turning the patient's head during the procedure. It is better to apply a few drops as you advance with the Goldpen.
- Step 8 Pull slightly to maintain the surface of the skin flat and apply the Goldpen in the area by drawing small circles or lines on the skin. Continue for a few minutes, but remember, it is not necessary to provoke a strong erythema to achieve good results. The Goldpen micro-needles act at 120 cycles per second, so it might occur that redness appears slower than you proceed with the treatment. If after the treatment there are areas where skin stays white, without redness, you may need to repeat the procedure in this area. Micro-bleeding may occur in treated areas. This is perfectly normal.
- Step 9 Once you finish the procedure, apply a calming cream (Comfort Cream) or a calming mask (Hydra Gel Mask).

Repeat the procedure with the Goldpen and Acnezon Ampoule every two weeks. We recommend 4-5 sessions, depending on the skin type and the severity of the problem. We recommend 2 or 3 maintenance sessions at monthly intervals.

AFTER TREATMENT

Avoid using make-up for the following 24 hours.

Do not use a sauna, practise intense sports or apply any other facial treatments for the following 48 hours.

After a micro-needling treatment always use a sunscreen for a few days and avoid sun exposure. In any case, we recommend the use of sunscreen daily as a normal habit.

In those cases where there is a tendency for intense acne, we recommend continued use of **Acnezon Cream** daily at home and repeating the treatment after one year.

RECOMMENDATIONS DURING PROCEDURE.

1. Make sure you select the right depth and speed of the needles for each area to be treated.
2. As a general rule, the deeper the needles go, the faster they should work. However, we always recommend a higher speed in order to avoid needles hooking and scratching the skin.

3. Needle cartridges are single use only. Do not re-use the same cartridge, even for the same patient.
4. Do not press your Goldpen on the skin of the patient - move it smoothly. If you need the needles to go deeper, adjust the depth on your Goldpen.

CLINICAL RESULTS

