

Whitelan cure step 3 Home Care Cream



INCI : aqua, cyclomethicone, alcohol denat, glycolic acid, kojic acid, magnesium ascorbyl phosphate, phytic acid, isoeicosane, niacinamide, triethanolamine, cetyl alcohol, propylene glycol, alpha-arbutin, phenoxyethanol, ethylhexylglycerin, citric acid, glyceryl stearate, peg-75 stearate, ceteth-20 , steareth-20, peg 100-stearate, dimethylmethoxychromanylpalmitate, disodium edta, glycyrrhizaglabra (licorice) root extract, parfum.

ACTIVE INGREDIENTS	FUNCTIONS
Kojic Acid	Inhibits conversion of tyrosine to L-dopa through copper and iron chelation. Impedes formation of melanin and prevents development of free radicals.
Phytic Acid	Used to whiten skin. Used in summer "maintenance" treatments. It is also an iron chelator, antioxidant and protects skin from free radicals.
Alpha Arbutin	Hydroquinone glycoside with high stability. It is not an irritant, although it has less whitening power than the latter.
Magnesium Ascorbyl Phosphate	Tyrosinase inhibitor with an anti-inflammatory effect. Traps free radicals.
Stable Vitamin C. Glycolic acid	Reduces the thickness of the corneal layer of the skin and increases thickness of the malpighian layer. Significantly increases collagen levels, helping reduce lines and wrinkles.
Niacinamide	Gentle lightening agent, the action of which creates synergy with other active ingredients. Has sebum-regulating properties.
Licorice Root Extract	Powerful natural tyrosinase inhibitor; its properties are enhanced in combination with the other ingredients. Anti-ageing properties.

Description

Whitelan Cure (Step 3) is a professional treatment cream developed by Dermica Switzerland, which can be used as a night or day cream or as a mask. It is the third step in our skin whitening treatment programme.

It should be used following treatment with Whitelan Cure Peeling Gel (Step 1) and application of Whitelan Cure Step 2 ampoules in order to obtain the best results and helping to remove any remaining superficial discolouration. It can also be used as skin-lightening mask, with or without covering, for a few minutes or for several hours, depending on the desired results.

Uses and application

Whitelan Cure Step 3 Home Cream helps achieve and maintain the desired results.

- **What to expect from use of this cream?**

It brightens the skin, reduces wrinkles and improves skin texture, building new collagen and elastin fibres.

As there are many different skin types and many different types of discolouration, our experience shows that the desired results cannot be obtained by using a maintenance cream alone. A complete treatment programme is essential in order to achieve the desired depigmentation and lightening effect.

- **Why is Whitelan Cure Step 3 Home Cream part of this treatment programme?**

Our philosophy is that if you want good results, you should not rely on a single formula or technique, but combine a range of different therapies: peeling + ampoules + maintenance cream. That way, you will get the best results.

How to apply

- **As with any other cosmetic product for use at home.** Apply in the same way as you would a moisturiser, at night, covering the entire face, and again in the morning, but only applying to age spots. After a few days' use, you will notice a marked improvement to the size and colour of age spots and discolouration. Your skin will look smoother, with fewer wrinkles and oil-free. May be used under make-up.
- **As a face mask:** Apply a layer of approx. 7-8 grs to clean skin. Cover the entire area and leave to work for 30-40 minutes. Afterwards, remove all traces of cream and then wash skin thoroughly using soap and water and leave without applying any other products.

This can be done every other day, enhancing its effect. By applying in this way, age spots will get lighter day by day. Use a glycolic moisturiser (exfoliating effect) on age spots in the morning and apply Whitelan Cure Step 3 in the evening for an even greater lightening effect. May cause minor skin irritation but if applied exclusively to age spots, this should be hardly noticeable. Such an effect is virtually non-existent on skin with melasma on the cheeks and forehead, as such skin tends to be strong and oily and hence more resistant.

- **As a complement to a cosmetic treatment**
 - Pre-treatment: Apply for 7-14 days before exfoliating, lightening or anti-ageing treatments. If applied twice daily to discolourations, provided the specific treatment programme is taken into consideration, it should be possible to achieve improved results with a less aggressive treatment.
 - Post-treatment: Excellent results will be achieved by supplementing any treatment process with this cream, which will avoid the need to use hydroquinone and retinoic acid, as this product does not produce side effects and the results last longer.

How to combine with steps 1 & 2 of the Dermica Whitelan Cure system

From 7 to 10 days after application of Peeling Gel Step 1, skin will finish peeling, revealing new, better quality, finer and more sensitive skin below, although there may still be some residual marks.

Use Whitelan Cure Step 3 once a day (normally at night) for the first week. Apply as indicated to areas with residual marks, depending on skin type and type of discolouration. Can be applied until marks have completely disappeared (treatment can be continued for up to 3 or 4 months).

Precautions

Exercise caution if you have very dry skin, suffer from dermatitis, eczema, allergic skin conditions or are allergic to any of the ingredients.

Storage

Step 3 home care cream can be stored at room temperature. Avoid extremes of temperature (hot or cold) and keep out of direct sunlight. Close carefully after each use.